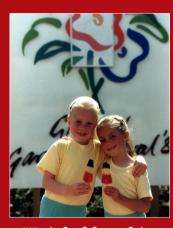
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Circadian Landscape, by Jessica Antola, is published by Damiani, priced £29. © Photograph Jessica Antola

Portfolio after the gelede, benin, 2014. Jessica antola

"My parents believed that travel and exposure to other cultures was one of the best forms of education," photographer Jessica Antola writes in the introduction to her new book Circadian Landscape, "so from a young age I travelled extensively with my family."

It's a habit that she has continued to the present day, as this image proves. It's a photograph of a young Yoruba man in Benin taken in the wake of a Gelede masked voodoo ceremony near Abomey.

This is just one of the characterful photographs of the people and places Antola came across during three trips to seven African countries between 2011 and 2014.

Born and raised in Los Angeles and with a CV that includes shooting for Vogue, Vanity Fair, Moschino and Kate Spade, Antola brings her eye for colour to her African photographs. Or maybe it's Africa that brings its colours to her.

In either case, the results are vibrant and full of life.